COVID poses trying times for Diabetics

Context

- Union Minister Dr Jitendra Singh, who is also a renowned Diabetologist, said here today that COVID poses trying times for Diabetics. Delivering the inaugural address, as chief guest, at the "World Congress of Indian Academy of Diabetes" being held for the first time on Virtual platform under the name “Dia-V Con 2020”.

Diabetes and COVID19

- Those suffering from Diabetes have **an immuno-comprised status**, which tends to **reduce their resistance** and make them more **vulnerable to Corona** like infections as well as consequent complications.
- This, he said, leads to an even more vulnerable situation when a patient suffering from Diabetes also has kidney involvement or diabetic-nephropathy, chronic kidney disease etc.
- In a situation like this, the **Diabetologists owned a special responsibility** towards their patients in keeping their **blood sugar level strictly under control** to avoid infection and at the same time educating them about precautions to be **exercised**.
- He said, even though the COVID related death rate in India has been low as compared to other countries, **most of the deaths occurred** here were among those Corona positive patients who were also suffering from **co-morbidities** or **chronic disorders like Diabetes**.