Denied alcohol, many take to ‘arishtams’

- Ayurveda pharmacy stores across the State of Kerala have of late found a surge in demand for arishtams and asavams, which have alcohol content up to 10%.
  - ‘arishtams’ and ‘asavams’ have self-generated alcohol.
- Staff in some Ayurveda pharmacy stores in Kozhikode claimed that the sale of such medicines had gone up by around 30% after the enforcement of the lockdown.
- According to rules, individuals cannot store ‘arishtams’ and ‘asavams’ beyond a certain limit. As excessive consumption may affect the body parts.