Moral injury

- Moral injury is the damage done to one's conscience or moral compass when that person perpetrates, witnesses, or fails to prevent acts that transgress one's own moral beliefs, values, or ethical codes of conduct.
- Within the context of military service, particularly regarding the experience of war, “moral injury” refers to the lasting emotional, psychological, social, behavioral, and spiritual impacts of actions that violate a service member’s core moral values and behavioral expectations of self or others.
- This type of psychological distress is occurring among the healthcare workers handling the COVID-19 cases.